

# SPEECH AND LANGUAGE

## LANGUAGES

### ROUTINES AND TRANSITIONS

SHARE THE PLAN OF THE DAY WITH YOUR CHILD AHEAD OF TIME

TIME FOR	FINISHED
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BREAK DOWN GETTING READY INTO STEPS

USE A VISUAL SCHEDULE OR A FIRST-THEN SCHEDULE TO HELP!

SET A TIMER OR USE A CLOCK AS A WAY TO COUNTDOWN TO A TRANSITION

- EX. 10 MINUTES UNTIL WE STOP PLAYING AND GET READY FOR DAYCARE



USE SONGS TO MAKE IT FUN!

- DO YOU KNOW WHAT TIME IT IS?
- CLEAN UP SONG
- CRISS CROSS APPLESAUCE
- CALMING SONG

USE A SPECIAL TOY OR ITEM THAT YOUR CHILD CAN CARRY WITH THEM DURING TRANSITIONS

PROBLEM SOLVE WITH YOUR CHILD

- EX. YOU GOT YOUR TOES IN THE SHOE. NICE! I CAN HELP YOU PUSH THE REST OF YOUR FOOT IN THE SHOE IF YOU WANT?

PRAISE GOOD TRANSITIONS AND BE SPECIFIC

- EX. GREAT JOB PUTTING YOUR SHOES ON!



KEEP CALM AND STICK TO THE TRANSITION PLAN! ALLOW YOURSELF ENOUGH TIME FOR A SUCCESSFUL TRANSITION!