

# WHOLE COMMUNITY PALLIATIVE ROUNDS (WCPR) GUIDELINE

Palliative Care & End of Life Services  
Clinical Practice Bulletin



## WHOLE COMMUNITY PALLIATIVE ROUNDS

### What is the Purpose?

The purpose and goal of Whole Community Palliative Rounds are to provide weekly, integrated communication and clinical expertise for person and family-centered care needs among the Circle of Care. It allows a whole care continuum team to work collaboratively to review goals, symptoms and recommendations for care management.

### Who is the Focus?

Persons and families:

- with transitioning or unstable physical symptoms (ESASr  $\geq 4+$ )
- with complex psychosocial, emotional, spiritual health or financial symptoms or needs (ESASr  $\geq 4+$ )
- whose current care management of symptoms is ineffective
- who require an interdisciplinary care plan approach
- transitioning between sectors and require planning and communication from a whole community approach.

### What is the Process?

- Acknowledge individuals who have died during the past week
- Provide a succinct report on the person's care-related issues
- Discuss the current symptom burden and care-related issues
- Adjust the Plan of Care and communicate to the person's local health care team
- Communicate symptom management recommendations back to the person's MRP if not in attendance (WCPR Physician Leader role)

## PRACTICE TIPS

### WCPR MEMBERS

#### Nursing:

- Leadership; Point-of-Care

#### Medical Leadership:

- General/Nurse Practitioner, Palliative Physician

#### Allied Health:

- Social worker, Pharmacist, Dietitian, Music Therapist, PT/OT/RT, Spiritual Health Professional

#### Aboriginal Health Partner:

- FNHA Nurses, Band-employed Nurses

#### BCEHS

- Community Paramedics, Advanced Care Paramedics

#### Local Hospice Society Coordinator

#### Other Care Professionals:

- Chronic Disease Management Programs, Clinical Ethics

### Facilitator Role

- Share expectations and goals with team members
- Manage Meditech sources and complete WCPR documentation
- Implement proper local documentation tools during or immediately after rounds
- Invite external health professionals to provide expertise and knowledge

## RESOURCES

### Whole Community Palliative Rounds Guideline

Palliative Rounds Record (pg 5-6)

Palliative Rounds Physician/Nurse Practitioner Communication (pg 7)

Palliative Rounds Tracking Record (pg 8)