

Medical Orders for Scope of Treatment (MOST)

MOST is a medical order that has 6 levels of treatment that range from comfort care to intensive care. One level of treatment will be selected to align with the adult's Goals of Care.

A MOST is completed following Advance Care Planning and Goals of Care conversations. Your MOST may be changed at any time through conversations with your physician or nurse practitioner.



Goals of My Care

Goal is for treatment to ease pain and manage symptoms due to progression of illness. Do not transfer me to a higher level of care unless comfort care cannot be met in current location.

Goal is for cure or control of symptoms of illness that do not require critical care interventions, CPR, defibrillation and/or intubation. I am willing to be transferred to a higher level of care if the medical treatments cannot be met in current location.

Goal is medical treatments for cure or control of symptoms of illness. I am willing to be transferred to a higher level of care if needed for diagnostics and treatment but not for critical care interventions, CPR, defibrillation and intubation.

Goal is to have my life preserved. I am willing to be transferred to acute care. I do not wish to receive treatment if my heart stops or if I stop breathing.

Goal is to have my life preserved. I am willing to accept an admission to critical care and all critical care interventions offered unless my heart stops.

Goal is to have my life preserved. I am willing to accept any offered medical treatments necessary including those offered in an intensive care unit.

MOST Designation Form

M1	Supportive care, symptom management and comfort measures within current location of care, if possible.	<p>"M" stands for Medical Orders</p> <ul style="list-style-type: none"> Allow for a natural death due to natural progression of illness or age. Life support measures will not be used if your heart stops or if you stop breathing.
M2	Medical treatment within current location of care, if possible.	
M3	Medical tests and treatment including transfer to a higher level of care, excluding critical care.	
C0	Critical care interventions, excluding CPR, defibrillation and intubation.	<p>"C" stands for Critical Care Orders</p> <ul style="list-style-type: none"> Attempt to extend or preserve life through aggressive treatments provided in critical care environments (e.g. ICU). These orders are not typically used if you are at the natural end of your life.
C1	Critical care interventions including intubation, but excluding CPR or defibrillation	
C2	Appropriate critical care interventions, including, CPR, defibrillation or intubation.	

CPR: Refers to Cardiopulmonary Resuscitation. It is an attempt to restart a person's heart and breathing when the heart and lungs stop working. It is an aggressive procedure often not suitable for persons who have an advanced or declining long-term medical condition.

Defibrillation: is used to deliver electrical energy to the heart to attempt to restore normal contractions.

Intubation: is a tube inserted through the mouth and into the airway. This is done so that a person can be put on a mechanical breathing machine called a ventilator to breathe for you.

www.interiorhealth.ca/YourCare/PalliativeCare/ToughDecisions/Pages/Advance-Care-Planning.aspx
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