



Mental Health & Substance Use (MHSU) Centres

Call 310-MHSU (6478) to connect to our “Access MHSU Services” program for entry into a mental health or substance use service that best meets your needs.

Our goal is to provide person centered, recovery oriented, trauma informed & culturally safe services based on harm reduction principles.

City	MHSU Centre	Address	Phone / Toll Free	Fax
100 Mile House, BC	100 Mile Mental Health & Substance Use	555 Cedar Ave. S	250-395-7676	250-395-7675
Ashcroft, BC	Ashcroft Mental Health & Substance Use	700 Ash-Cache Creek Hwy	250-453-1940	250-453-1952
Barriere, BC	Barriere Mental Health & Substance Use	4936 Barriere Town Rd.	250-672-9773	250-672-9709
Castlegar, BC	Castlegar Mental Health & Substance Use	707 - 10th Street	250-304-1846	250-304-1240
Chase, BC	Chase Mental Health & Substance Use	825 Thompson Ave.	250-679-1400	250-679-5329
Clearwater, BC	Clearwater Mental Health & Substance Use	612 Park Dr.	250-674-2600	250-674-2676
Clinton, BC	Clinton Mental Health & Substance Use	1510 Cariboo Hwy	250-453-1940	250-453-1952
Cranbrook, BC	Cranbrook Mental Health & Substance Use	20 - 23rd Ave. S	250-420-2210 / 1-888-426-7566	250-420-2279
Cranbrook, BC	Cranbrook Mental Health & Substance Use Unit	Suite # 2, 926 Baker St.	250-417-3536	250-426-7252
Creston, BC	Creston Mental Health & Substance Use	243 - 16 Ave. N	250-428-8734	250-428-8956
Golden, BC	Golden Mental Health & Substance Use	835 - 9th Ave. S	250-344-3015	250-344-2817
Grand Forks, BC	Boundary Mental Health & Substance Use	7441 - 2nd Street	250-442-0330	250-442-0334
Invermere, BC	Invermere Mental Health & Substance Use	1100 - 10th Street	250-342-2363	250-342-2374
Kamloops, BC	Kamloops Mental Health & Substance Use	235 Lansdowne St.	250-377-6500	250-377-6502
Kamloops, BC	King Street Centre	126 King St.	250-376-7855	250-554-1740
Kaslo, BC	Kaslo Mental Health & Substance Use	673 A Ave.	250-353-2291	250-353-2738
Kelowna, BC	Kelowna Mental Health & Substance Use	505 Doyle Ave.	250-469-7070	250-868-7791
Keremeos, BC	Keremeos Mental Health & Substance Use	700 - 3rd Street	250-499-3029 / 1-800-663-7867	250-499-3027
Kimberley, BC	Kimberley Mental Health & Substance Use	260 - 4th Ave.	250-427-2215	250-427-7389
Lillooet, BC	Lillooet Mental Health & Substance Use	951 Murray St.	250-256-4233 / 1-855-656-4233	250-256-1332
Logan Lake, BC	Logan Lake Mental Health & Substance Use	5 Beryl Dr.	250-523-9414, x 23	250-523-6869
Lytton, BC	Lytton Mental Health & Substance Use		250-455-2216	250-455-2644
Merritt, BC	Merritt Mental Health & Substance Use	3451 Voght St.	250-378-3401	250-378-3411
Nakusp, BC	Nakusp Mental Health & Substance Use	97 - 1st Ave. NE	250-265-5253	250-265-5250
Nelson, BC	Nelson Mental Health & Substance Use	333 Victoria St.	250-505-7248	250-505-7246
Osoyoos, BC	Osoyoos Mental Health & Substance Use	4816 - 89th St.	250-495-6433	250-495-5142
Penticton, BC	Penticton Downtown Mental Health & Substance Use	Unit 117 - 437 Martin St.	250-770-3697	250-492-0066
Penticton, BC	Penticton Mental Health & Substance Use	740 Carmi Ave.	250-770-3555	250-770-3599
Revelstoke, BC	Revelstoke Mental Health & Substance Use	1200 Newlands Rd.	250-814-2241	250-814-2242
Salmo, BC	Salmo Mental Health & Substance Use	311 Railway Ave.	250-357-2277	250-357-2385
Salmon Arm, BC	Salmon Arm Mental Health & Substance Use	851 - 16th St. NE	250-833-4102	250-833-4117
Sparwood, BC	Sparwood Mental Health & Substance Use	570 Pine Ave.	250-425-2064 / 1-800-661-0329	250-425-2313
Trail, BC	Trail Mental Health & Substance Use	Suite 3 - 1500 Columbia Ave.	250-364-6262	250-364-6257
Vernon, BC	Vernon Mental Health & Substance Use	1440 - 14th Ave.	250-549-5737	250-549-6358
Vernon, BC	Vernon Downtown Mental Health & Substance Use	3306A 32 nd Ave.	250-503-3737	250-545-5788
Williams Lake, BC	Williams Lake Mental Health & Substance Use	487 Borland St.	250-392-1483	250-392-1484