

## Community Services Supporting Harm Reduction

### What is MAP?

- A program where an individual who is consuming alcohol on a regular basis is provided with regular doses of alcohol throughout the day.
  - This program is commonly reserved for those with a severe alcohol use disorder or high risk drinking and who are not interested in, or able to, stop drinking.
- Allows for support, stability and a reduction in harms in order to increase the quality of life for participants.
- Currently used in relation to COVID-19 isolation strategies for individuals who are required to self-isolate and who continue to consume alcohol on a daily basis.

### Operational Guidance

- Communities planning to support someone with MAP should follow the [Operational Guidance of Managed Alcohol for Vulnerable Populations](#).
- All related information on planning and coordination of a MAP service can be found within this guideline.

### Key Considerations

- Please review section 4.0, pages 10-14 in the [Operational Guidance of Managed Alcohol for Vulnerable Populations](#) for considerations when planning for MAPs.
- As an example, some considerations include (but are not limited to):
  - Who will cover the cost of alcohol?
  - Who will screen participants and develop the care plan, including how much alcohol is provided throughout the day?
  - Who checks in on individuals and what COVID-19 safety plan is in place?

### Continuity Planning

- Evidence shows that individuals on MAP can do very well, reducing issues related to justice department involvement, falls and other injuries and loss of housing or housing instability.
- Considerations for individuals who do well on MAP during a COVID-19 isolation period should be taken into account.
- Planning for transition away from the program, or longer term access should be accounted for and clearly discussed with the participant.



### Resources

[Clinical Management of Alcohol Use Disorder and Withdrawal Management](#)

[COVID-19 Information for Health Care Providers Regarding Alcohol Use Disorder and COVID-19](#)

[Backgrounder Information for People who Use Drugs or Alcohol](#)

[Poster Information for People who Use Drugs or Alcohol](#)

[Postcard Information for People who Use Drugs or Alcohol](#)

[Information Sheet - Alcohol](#)

