

Housing & Interior Health

How does the goals of IH link to housing?

GOAL 1

Improve Health & Wellness

When we face barriers to healthy housing, we are more likely to also be struggling with other determinants of health, such as accessing health care services, healthy food and income. When our housing is improved, we may also see improvements in other determinants of health.

GOAL 2

Deliver High Quality Care

Housing has implications for the care that IH delivers in-home, whether through home care programs or in assisted living and long-term care facilities. Healthy housing can also positively impact the health outcomes of clients after receiving care from IH facilities.

GOAL 3

Ensure Sustainable Health Care

There are opportunities for housing to contribute to efficient and sustainable health care. For example, housing that meets the needs of people of all abilities throughout their lifespan can support healthy aging in place. This has implications and opportunities for innovative IH service delivery models.

GOAL 4

Cultivate an Engaging Workforce & Healthy Workplace

Housing has an important role in achieving an engaged workforce. Healthy, affordable housing is needed to promote, attract and retain skilled employees in all communities throughout the IH region.



How does our work intersect with housing?

MENTAL HEALTH & SUBSTANCE USE

- Provide care to clients living in precarious housing
- Understand the relationship between housing, mental health, substance use and overdose

POPULATION HEALTH

- Support local government to develop healthy housing policies
- Address key environmental hazards that influence our health and housing
- Support Indigenous communities

CLINICAL OPERATIONS

- Provide community care to clients in their homes
- Provide acute care to clients to treat conditions that might be a result of unhealthy housing

LONG-TERM CARE SERVICES

- Provide a high quality and safe place to live
- Provide care to clients living in long-term care facilities