



Early Psychosis Intervention Services

Interior Health and our partner agencies provide a range of mental health service for all ages. We strive to ensure our services are welcoming of all peoples, gender identities, cultures, ethnicities and backgrounds.

RESOURCE LIST



Start Here

Call **310-MHSU (6478)** to connect with your [local Mental Health & Substance Use centre](#).

Call a Crisis line for immediate assistance (24/7):

- **Interior Crisis Line Network**
1-888-353-2273
- **KUU-US (Indigenous) Crisis Line**
1-800-588-8717
- **Métis Crisis Line**
1-833-638-4722

Services

Mental Health Services

One-Pagers:

- [Descriptive Service Overview](#)
- [Clickable Linear Diagram](#)

Substance Use Services

One-Pagers:

- [Descriptive Service Overview](#)
- [Clickable Linear Diagram](#)
- [Clickable Circular Diagram](#)

Outpatient Withdrawal Management Services

Facility Based Services - Adult & Youth

Includes:

- Withdrawal Management Services
- Facility-Based Treatment Services
- Transition & Stabilization Services
- Support Recovery Services

If you are experiencing your first episode of psychosis, our Early Psychosis Intervention program can help.

[View our Early Psychosis Intervention Fact Sheet.](#)

Service Brochures

- [Mental Health Specialty Services](#)
- [Substance Use Services](#)
- [Crisis & Hospital Services](#)
- [Mental Health Treatment, Support & Recovery Services](#)
- [Mental Health Community Counselling & Treatment Services](#)

Patient Information Sheets

- [Anxiety](#)
- [Depression](#)
- [Suicidal Thoughts](#)
- [Mental Health Act](#)
- [Substance Use](#)
- [Overdose Prevention](#)

Mental Health & Substance Use Fact Sheets

- [Help Lines](#)
- [Addressing Stigma](#)
- [Mobile Apps and Virtual Treatment](#)
- [Opioid Agonist Treatment](#)
- [Overdose Prevention & Harm Reduction](#)
- [Peer Education & Training](#)
- [Resources for Families Affected by Substance Use](#)
- [Substance Information - Alcohol](#)
- [Substance Information - Cannabis](#)
- [Mental Wellness Resources for Aboriginal Partners](#)

Our goal is to provide person centered, recovery oriented, trauma informed, culturally safe services based on harm reduction principles.

