

# **PROGRAM SYLLABUS**

Adapted from Vancouver Coastal Health's Program Syllabus, Regional Perioperative Education Program Revised by Michelle Jamison, Regional Knowledge Coordinator, GI Endoscopy, 2024



Interior Health would like to recognize and acknowledge the traditional, ancestral, and unceded territories of the Dåkelh Dené, Ktunaxa, Niaka'pamux, Secwépemc, St'át'imc, Sylix, and Tŝilhqot'in Nations where we live, learn, collaborate and work together.



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## Program Description

The Regional Perioperative Education Program (RPEP) - GI Endoscopy uses a standardized, evidence informed on-line curriculum offered by the Association of Registered Nurses (AORN), called *Periop 101 ASC and Periop 202: GI Procedures*. This curriculum is offered throughout British Columbia (BC), contributing to a standardized provincial GI endoscopy education program, along with provincial continuity of care and portability of practice. RPEP GI Endoscopy combines AORN's *Periop 101 and 202* online curriculum, PHSA Endoscopy Modules, a certification in Moderate Sedation Administration and ECG Monitoring, with a skills lab and clinical preceptorship to help prepare nurses provide safe and competent GI endoscopy, at a novice level. This will be accomplished by:

- Introducing the basic topics, concepts and practice guidelines that are fundamental to perioperative and gastroenterology nursing.
- Developing the specialized skills, knowledge, attitudes, and judgement required to provide safe, competent, and individualized care to the gastroenterology patient.
- Promoting professionalism in gastroenterology nursing.

RPEP-GI Endoscopy, as a funded specialty education initiative, is offered to both RNs and LPNs working within Interior Health (IH). Although RPEP-GI Endoscopy content is the same for both disciplines, it is expected that each designation will limit their practice of theory and skills learned relative to the scope of practice and IH practice standards.

### **Program Outcomes**

Upon completion of the RPEP – GI Endoscopy Program, the learner is expected to achieve the following competencies, *at the novice level*:

- 1. Demonstrate the ability to practice professionally in the endoscopy nursing practice settings.
- 2. Demonstrate the ability to provide safe and appropriate evidence–informed patient care in the assisting and medication administration roles.
- 3. Demonstrate the ability to provide supportive care to patients and their families.
- 4. Demonstrate the ability to function as a supportive and collaborative multidisciplinary team member.
- 5. Demonstrate the ability to recognize and respond to urgent and emergent situations in the endoscopy nursing practice environment safely and competently.
- 6. Demonstrate the ability to competently manage resources in the endoscopy nursing practice environment.

## Program Facilitation

The IH Manager, Specialty Education, will function as the RPEP Administrator to oversee all aspects of the program, and will liaise between AORN and IH. The role encompasses administrative and educational support to all learners and staff involved at the various perioperative sites, including purchasing, and managing AORN seats. Please contact the IH Manager, Specialty Education, for program inquiries: <a href="mailto:specialtyeducation@interiorhealth.ca">specialtyeducation@interiorhealth.ca</a>

Regional Knowledge Coordinators (RKCs) will function as a support to learners throughout their RPEP GI Endoscopy experience and oversee learner progress. The role encompasses RPEP - GI development, implementation, delivery, and evaluation, as well as assigning and managing AORN seats.



### Learner Requirements

RPEP, as a funded specialty education initiative, is offered to both RNs and LPNs working within Interior Health (IH). Although RPEP content is the same for both disciplines, it is expected that each designation will limit their practice of theory and skills learned, relative to scope of practice and IH practice standards.

#### **Registered Nurses**

- Graduation from an approved School of Nursing with current practicing registration with the British Columbia Nurses and Nurse Practitioners (BCCNM)
- One year recent acute medical/surgical experience (1800 hours) or an equivalent combination of education, training, and experience
- Commitment to practice per organizational policies and patient care guidelines
- Commitment to practice based on the standards established by BCCNM, Operating Room Nurses Association of Canada (ORNAC), and IH

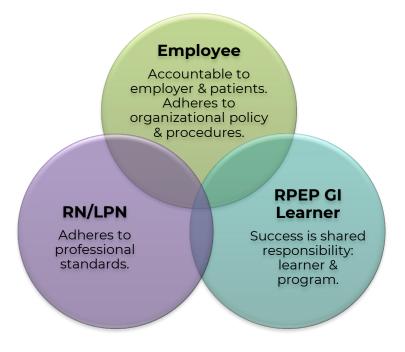
#### **Licenced Practical Nurses**

- Graduation from a recognized program for Practical Nurses with full practicing licensure with the British Columbia Nurses and Nurse Practitioners (BCCNM)
- One year recent acute medical/surgical experience (1800 hours) or an equivalent combination of education, training, and experience
- Commitment to practice per organizational policies and patient care guidelines
- Commitment to practice based on the standards established by BCCNM, Operating Room Nurses Association of Canada (ORNAC), and IH

### Learner Role and Responsibility

Learners are expected to engage in and complete preparatory activities outside of clinical to successfully complete the program requirements.

A RPEP GI Endoscopy learner is responsible to the employer, the program, and the profession:





### Learner Conduct

Learner's conduct will be congruent with the following:

- Canadian Nurses Association (CNA). (2017). <u>Code of Ethics for Registered Nurses</u>
- British Columbia College of Nurses and Midwives (BCCNM). (2020). <u>Licensed Practical Nurses:</u>
   <u>Professional Standards.</u>
- British Columbia College of Nurses and Midwives (BCCNM). (2020). <u>Nurse Practitioners and Registered Nurses: Professional Standards.</u>
- Operating Room Nurses Association of Canada (ORNAC) (2021). The ORNAC Standards, Guidelines, and Position Statements for Perioperative Registered Nurses (15<sup>th</sup> ed.).
- Interior Health Workplace Environment Policy (AU1000). (2022).
- Interior Health Hand Hygiene Administrative Policy (AH0700). (2020).
- Interior Health <u>Clinical Practice Standard & Procedure: Dress Code OR Staff and Visitors (SS10200)</u>.
   (2016)

## Confidentiality

Learners are responsible for preserving a person's right to privacy and confidentiality in both the concrete and virtual worlds, including face to face meetings, phone calls, texts, emails, and all aspects of social media. The right to privacy and confidentiality includes information and/or images of patients, other learners, hospital employees, educators, and health authority personnel.

### Attendance

Success in the program is dependent on the learner's understanding the content and being able to practice the application of this new knowledge. It is important that learners attend all labs and nursing practice experience. Learners will be unable to take vacation for the duration of the program, and if they are not able to meet learning objectives in relation to sick time, they may be unsuccessful in the program.

#### If you are sick, please complete the following:

- 1. Call the Employee Absence Reporting Line (EARL) (1-855-264-9515)
- 2. Contact your manager and specialtyeducation@interiorhealth.ca to reschedule your missed shift.
- 3. Contact your RKC by text or phone to ensure they are aware of your absence.
- 4. Contact your preceptor by text or phone to ensure they are aware of your absence.

#### If you have to go home sick part way through your shift, please complete the following:

- 1. Inform your preceptor and email your sponsoring manager and specialty education.
- 2. Contact your RKC by text or phone call.

The RKC and learner will then work with the site to arrange an additional shift(s) in-lieu of the missed shift(s).



## Formative Evaluation/Feedback

The purpose of formative evaluation is to collect information which will be used to improve and adjust a program, with the intention of enhancing the learner's achievement (Baht and Baht, 2019). This process includes:

- 1. Development of and focus on learning goal(s).
- 2. Evaluation of where student is in relation of goal(s).
- 3. Taking action to move closer to the goal(s).

Along with being provided feedback on their learning, students will be required to seek out effective feedback from peers, or members of the interdisciplinary team. It is important to document feedback so that it can be used in the formative learning cycle: Feedback received and sought out will assist in making goals, evaluating goals, and taking action to move toward reaching the goals.

### **Learning Goals**

The <u>Professional Development Goal Plan (PDGP)</u> is an Interior Health tool available to learners and staff to use to **assess skill and ability, facilitate continuous improvement, and set career goals.** The PDGP identifies strategies for the learner to achieve goals. The PDGP may be used individually or as a collaborative process to strategize ways to achieve learner goals, signed off by the learner and a designate support person (e.g., educator, mentor, manager). It is recommended for all healthcare professionals to reevaluate and revise their plan at least once a year.

## Program Delivery

Students will complete the AORN modules, Island Health Endoscopy Modules, Moderate Sedation Certification, ECG monitoring certification, and required readings in twelve weeks via an on-line distance format. They will then attend a 37.5-hour skills lab at a designated IH site, followed by participating in a preceptor-led practicum at their hired or arranged site. The skills lab will be held at sites employing a Clinical Practice Educator or a Regional Knowledge Coordinator, who will teach this portion of the curriculum.

#### Theory Skills Lab Practicum

Students responsible to complete AORN Foundations of Endoscopy, Island Health Endoscopy Modules, moderate sedation certification course, ECG monitoring certification, and required readings at their own pace within a 12-week period

(Unpaid study hours)

Hands-on education, observation, and simulation experience

#### 37.5 paid hours

Prerequisite is completion of the on-line theory modules, assignments, and required readings

Provides experiential activities in all 3 phases of gastroenterology care (pre-, intra, & post-procedure)

#### 7 weeks or 262.5 paid hours

Prerequisite is completion of skills lab checklists



### **Program Content**

The program content provides foundational perioperative principles applicable to GI Endoscopy nursing in any facility or location. Course content includes knowledge and skills required to provide care to patients having endoscopic screening or interventions during the pre-procedure, intra-procedure, and post-procedure periods. The student will gain a comprehensive understanding of the basic topics, concepts, and practices fundamental to gastroenterology nursing. These concepts/topics include:

- Professionalism
- Teamwork, collaboration, and communication
- Role of the endoscopy team members
- Safe use of equipment, including use of endoscopes, electrical surgical units, ultrasound machines
- Safe practice knowledge: Occupational health and safety, routine safety precautions, fire safety & latex allergies
- Patient assessment
- Role of the nurse in care of the sedated or anesthetized patient
- Patient transfer and positioning
- Endoscopic instruments
- Decontamination and sterilization
- Specimens
- Role of the endoscopy nurse in emergency situations and exceptional clinical events
- Ethical, moral, and legal issues specific to gastroenterology nursing
- Pre- and post-procedure patient care

#### Indigenous Cultural Safety, Cultural Humility and Anti-Racism

On Feb. 25, 2022, the new *Indigenous Cultural Safety, Cultural Humility, and Anti-racism* practice standard came into effect for all nurses and midwives in the province. This standard was developed by BCCNM in partnership with the College of Physicians and Surgeons of BC. The two colleges have created a series of educational videos, to support nurses, midwives, physicians, and surgeons to understand and apply the new standard.

In addition to the outlined program content, learners are expected to review the following videos in an effort to support our collective cultural humility journey: <u>Indigenous cultural safety, cultural humility and anti-racism (bccnm.ca)</u>.

Learners must inform RKC via email once all videos have been viewed.

#### **Gender-Affirming Care**

Developed in partnership by UBC CPD and Trans Care BC, this 60-90 minute online continuing medical education course is designed for physicians, nurse practitioners, and nurses in BC. By understanding trans and gender diverse health issues and considerations for care, health care providers will then have the knowledge and skills to implement the Gender-Affirming Framework to improve the care of gender diverse patients.

Learners are expected to complete this online course for health care providers: <u>Gender-Affirming Primary Care.</u>

- 1. Follow the link to the course and select "Register"
- 2. Login in or create a new account
- 3. Complete the course registration process
- 4. Complete the course as instructed to claim your certificate

Learners must submit a certificate of completion via email to RKC.



## Progress Assessment and Evaluation

Learners will be evaluated for competency based on the following:

	Component	Criteria
Theory	AORN Periop 101 Modules	Passing mark of 80% or higher
	AORN Periop 202 Modules	Passing mark of 80% or higher
	PHSA Endoscopy Modules	Completed with post-tests of 80% or higher
	Moderate Sedation Certification	Certificate Achieved – email to instructor
	ECG Interpretation Certificate (RN Only)	Certificate Achieved
	Anatomy Assignment	Passing mark of 80% or higher
	Common GI Disorders Assignment	Passing mark of 80% or higher
	Principles of Hemostasis Assignment	Passing mark of 80% or higher
	Indigenous Cultural Safety, Cultural Humility, and Anti- Racism Videos	Successfully completed – email sent to RKC
	Gender-Affirming Primary Care Course	Certificate achieved – email certificate to RKC
Skills Lab	Skills Lab Checklist Completed	Complete and signed by instructor
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Practicum	Validation of Hours	Complete and returned to RKC
	Nursing Practice Evaluation	Competency domain indicators reviewed with Preceptor &/or Instructor at:  - Midterm evaluation - Final evaluation *must meet all relevant competency domain indicators at final evaluation
	Preceptorship Procedures and Skills Checklist	Complete and returned to RKC



# Theory Schedule

	AODH Davier 101 marshalar and assess 12 12 12 12		
Week 1	AORN Periop 101 modules and corresponding required readings		
	1. Professionalism		
	2. Organizational Influences & Outcomes		
Week 2	3. Environmental Cleaning		
	4. Patient Safety		
Week 3	5. Assessment		
	6. ASC Preoperative Patient Care		
Week 4	7. Transmissible Infection Prevention		
	8. Anesthesia		
W	eek 1-4 modules and required readings must be completed.		
Week 5	9. Surgical Specimens		
	10. ASC Postoperative Patient Care		
	AORN Periop 202 modules and corresponding required readings		
Week 6	11. Introduction		
Week o	12. Anatomy		
	13. Indications and Procedural Interventions		
	14. Preoperative Care		
	15. Operating Room Procedures		
Week 7	16. Intraoperative Care		
	17. Postoperative Care		
	18. Endoscopes		
	PHSA Endoscopy Modules and corresponding required readings		
	19. Endoscopy Anatomy and Conditions		
Week 8	20. Endoscopy Procedures		
	□ Indigenous Cultural Safety, Cultural Humility, and Anti-Racism Videos		
	☐ Gender-Affirming Primary Care Course		
Wook E-9	<ul> <li>Anatomy Assignment</li> <li>modules, assignment and required readings must be completed.</li> </ul>		
	se completion certificates and assignment must be submitted to RKC.		
	21. Endoscopes		
Week 9	22. Nursing Technique		
	23. Endoscopy Instruments		
Week 10	24. Electrosurgery in Endoscopy		
	□ Common GI Disorders Assignment		
Week 11	□ Principals of Hemostasis Assignment		
	Moderate Sedation Course		
Week 12	ECG Interpretation Course		
	Review materials and finish required readings		
Week 9-12	modules, videos, certificates, and assignments must be completed and		
	submitted to RKC to be permitted to begin Skills Labs.		



### Learner Resources

#### **Interior Health**

#### RPEP GI - TeamSite

- Access via: RPEP GI Teamsite
- Provides access to program documents and assignments for duration of RPEP GI, as well as additional educational resources

#### **IH and Site Policies/Practices**

Access via: <u>InsideNet</u> and/or refer to your site

#### **AORN**

#### P101 Modules and P202 Modules

- Access via: AORN
- On-line access for 6 months
- Includes a 1-year membership to AORN (Journals, electronic newsletters, AORN Guideline Essentials)
- AORN Student Resource Centre (link embedded in student start-up guide)

#### **PHSA Learning Hub**

### **Island Health Endoscopy Modules**

Access via: Island Health Endoscopy - Learning Hub

\*\*Note: There are some links within these modules that do not work for IH employees. These links are not a part of Interior Health's course and will not be subject to testing

#### **Dysrhythmia Education Course**

Dysrhythmia Education Course - LearningHub (phsa.ca)

#### **Dysrhythmia Competency Test**

Dysrhythmia Competency - LearningHub (phsa.ca)

#### **Moderate Sedation**

#### **National Sedation Center**

- Access via: National Sedation Center
- Instructions for how to create an account are in the Welcome Letter

#### **SGNA**

#### Society of Gastroenterology Nursing Association

Access via: <u>Standards of Clinical Nursing Practice in Gastroenterology</u>



#### Readings

#### **AORN Guidelines for Perioperative Practice**

Access via: <u>AORN Guidelines</u>

# ORNAC Standards, Guidelines, and Position Statements for Perioperative Registered Nurses

- Can be accessed only via the InsideNet at CSA Group, search "ORNAC".

#### Society of Gastroenterology Nurses, Inc., Gastroenterology Nursing: A Core Curriculum

Access via: <u>IH Library Services</u> (hardcopy)

#### **Additional Resources**

#### Elsevier Clinical Skills

- Access via: Skills (elsevierperformancemanager.com)

#### **UpToDate**

- Access via: <u>Evidence-Based Clinical Decision Support System UpToDate</u>
- Resource for looking up procedures, and associated risks/complications



## **Detailed Course Outline**

#	Modules	Required Readings
AORN	P101 Modules	
1.	Student Start up Guide  Introduction to the Perioperative Nursing	
2.	Data Set Professionalism	ORNAC Standards, Guidelines & Position Statements
2.	FIOIESSIONALISM	<ul> <li>Section 1: Practice Standards and Competencies</li> <li>"Practice Standards and Competencies" Pg. 47-70</li> </ul>
3.	Organizational Influences & Patient Outcomes	
4.	Environmental Cleaning	AORN Guidelines for Perioperative Practice; Environmental Cleaning
5.	Patient Safety	
6.	Assessment	ORNAC Standards, Guidelines & Position Statements  - Section 3: Management of Perioperative Care: "Surgical Safety Checklist" Pg. 229-231
7.	ASC Preoperative Patient Care	
8.	Transmissible Infection Prevention	AORN Guidelines for Perioperative Practice; Hand hygiene  AORN Guidelines for Perioperative Practice; Transmission-Based Precautions
9.	Anesthesia	AORN Guidelines for Perioperative Practice; Moderate Sedation/Analgesia Guideline  AORN Guidelines for Perioperative Practice; Moderate and Deep Sedation Analgesia  UptoDate: Adverse Events Related to Procedural Sedation for Gastrointestinal  Endoscopy in Adults (Tip, if you make an UptoDate profile from an IH computer it  will save your history for quick reference – and you can use the app on your phone)
10.	Specimens	ORNAC Standards, Guidelines & Position Statements - Section 3: Management of Perioperative Care: Specimen Management Pg. 326-330
11.	ASC Postoperative Patient Care	



#	Modules	Required Readings
AORN	P202 Modules	
12.	Introduction	SGNA Standards of Clinical Nursing Practice and Role Delineations; Standards of Clinical Nursing Practice
13.	Anatomy	Layers of the Gastrointestinal Tract   Histology
14.	Indications and Procedural Interventions	AORN Guidelines for Perioperative Practice; Upper Endoscopy
		AORN Guidelines for Perioperative Practice; PEG Tube Placement
		AORN Guidelines for Perioperative Practice; Endoscopic Ultrasound
		AORN Guidelines for Perioperative Practice; Endoscopic Mucosal Resection
		AORN Guidelines for Perioperative Practice; Colonoscopy/Flexible Sigmoidoscopy
		UptoDate: Endoscopic Removal of Large Colon Polyps
		UptoDate: Overview of Colon Polyps
		UptoDate: Endoscopic Removal of Large Colon Polyps
		BC Cancer CPS Colonoscopy Standards Pg. 1 -31 (Bowel preparation quality scale)
		UptoDate: Meckel's Diverticulum
		UptoDate: Crohn's Disease and Medical management of moderate to severe Crohn disease in adults
		UptoDate: Ulcerative colitis in adults and Management of moderate to severe ulcerative colitis in adults
		UptoDate: Causes of Upper GI Bleeding in Adults
		UptoDate: Flexible Bronchoscopy
		AORN Guidelines for Perioperative Practice; Bronchoscopy



#	Modules	Required Readings
15.	Preoperative Care	
16.	Operating Room Procedures	
17.	Intraoperative Care	
18.	Postoperative Care	
19.	Endoscopes	AORN Guidelines for Perioperative Practice; Flexible Endoscopes
		AORN Guidelines for Perioperative Practice; Flexible Endoscopes - Reprocessing
		Elsevier Clinical Skills; Flexible Endoscope Care and Maintenance
		AORN Guidelines for Periop Practice; Where should flexible endoscopes be stored?
Island	Health Endoscopy Modules	
20.	Endoscopy Anatomy and Conditions	UptoDate: Portal Hypertensive Gastropathy
		UptoDate: Angiodysplasia of the Gastrointestinal Tract
		UptoDate: Causes of Upper GI Bleeding in Adults
21.	Endoscopy Procedures	UptoDate: Overview of Gastrointestinal Motility Testing
		AORN Guidelines for Perioperative Practice; Capsule Endoscopy
		AORN Guidelines for Perioperative Practice; Esophageal Manometry
		UptoDate: ERCP
		AORN Guidelines for Perioperative Practice; ERCP
		Elsevier Clinical Skills; ERCP
22.	Endoscopes	
23.	Nursing Technique	
24.	Endoscopy Instruments	UptoDate: Chromoendoscopy
25.	Electrosurgery in Endoscopy	
AACN	<b>Essentials of ECG and Dysrhythmia Modules</b>	



#	Modules	Required Readings
26.	Introduction	
27.	Monitoring Systems and Measurements	
28.	Identifying Dysrhythmias	
29.	Introduction to Interpreting Pacemaker Rhythms	
30.	Introduction to Identifying Ischemia and Infarction	
Nation	nal Sedation Center – Moderate Sedation Cer	tification Modules
31.	Introduction and Pre-Test	
32.	Adult Moderate Sedation	Interior Health Procedural Sedation Toolkit; Procedural Sedation Toolkit
33.	Pharmacology	Fentanyl IH Monograph Midazolam IH Monograph
34.	Post-Test	

Additional Resources
Required Readings
Society of Gastroenterology Nurses, Inc. (2019) Gastroenterology Nursing: A Core Curriculum, 6 <sup>th</sup> ed. USA: Society of Gastroenterology Nurses;
- Chapter 31: Complications and Emergencies pg. 477-486  ORNAC Standards, Guidelines & Position Statements
- Section 3: Management of Perioperative Care: "Medication and Solution Management" pg. 321-326
Society of Gastroenterology Nurses, Inc. (2019) <i>Gastroenterology Nursing: A Core Curriculum</i> , 6 <sup>th</sup> ed. USA: Society of Gastroenterology Nurses;
- Chapter 28: Hemostasis and Tumor Ablation pg. 423-439
Required Videos
Hemospray YouTube Instruction Video
Endoscopic Treatment of Upper Gastrointestinal Ulcer Bleeding - YouTube
Ligation of Esophageal Varices - YouTube
Optional Resources
EpinePHRINE IH Monograph
Glucagon IH Monograph



### Additional Resources

BC Cancer Colonoscopy Reporting Form

UCSF Center for Colorectal Surgery: Colon Cancer

### **RPEP - GI SYLLABUS**



### References

British Columbia College of Nursing Professionals (BCCNM) (2022). *Professional Standards for Nurses and Nurse Practitioners*. Retrieved from: https://www.bccnm.ca/RN/ProfessionalStandards/Pages/Default.aspx

British Columbia College of Nurses and Midwives (BCCNM) (2022). *Professional Standards for Licensed Practical Nurses*. Retrieved from: <a href="https://www.bccnm.ca/LPN/ProfessionalStandards/Pages/Default.aspx">https://www.bccnm.ca/LPN/ProfessionalStandards/Pages/Default.aspx</a>

Canadian Nurses Association (2017). Code of Ethics for Registered Nurses and Licenced Practical Nurses. Retrieved from: <a href="https://cna-aiic.ca/en/nursing/regulated-nursing-in-canada/nursing-ethics">https://cna-aiic.ca/en/nursing/regulated-nursing-in-canada/nursing-ethics</a>

European Journal of Business and Social Sciences (2019). Formative and Summative Evaluation Techniques for Improvement of Learning Process. Retrieved from: (PDF) Formative and Summative Evaluation Techniques for Improvement of Learning Process (researchgate.net)

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Interior Health (2016). Clinical Practice Standard & Procedure: Dress code for OR Staff and Visitors (SS10200). Retrieved from <a href="http://insidenet.interiorhealth.ca/clinical/Documents/Dress%20Code%20-%20OR.pdf">http://insidenet.interiorhealth.ca/clinical/Documents/Dress%20Code%20-%20OR.pdf</a>

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Society of Gastroenterology Nurses and Associates (SGNA) (2014). Standards of Clinical Nursing Practice and Role Delineations [Practice Standard]. Retrieved from: <a href="https://www.sgna.org/Portals/0/Education/PDF/Standards-Guidelines/SGNA\_StandardsofClinicalNursingPractice\_2014\_Final.pdf">https://www.sgna.org/Portals/0/Education/PDF/Standards-Guidelines/SGNA\_StandardsofClinicalNursingPractice\_2014\_Final.pdf</a>

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