



Drug Poisoning Overdose Alert

Williams Lake and area

Interior Health has issued a **DRUG POISONING OVERDOSE ALERT** for Williams Lake and surrounding area due to increased fatal and ongoing non-fatal drug poisoning overdoses.

**Be a buddy:
Reach out for
a buddy so no
one uses
alone!**

No matter what or how you use (smoking, snorting, injecting, eating) take steps to prevent overdose:

- Get your drugs checked – find locations at drugchecking.ca
- Be aware of increased risk if mixing with other drugs, including alcohol
- Use one person at a time so someone can respond to overdose if needed
- Use with others around
- Start with a small amount and space out your doses
- Carry naloxone and know how use it.
- Get the LifeGuard App - lifeguarddh.com
- Call 211 or visit bc211.ca to find services near you

**Local
Substance Use
Services
310-MHSU
Crisis Response
250-305-8496
Drug Checking
250-305-4235**

Alert in effect until November 15 2024

Harm Reduction and Sexual Health | Population Health