



Interior Health



# Drug Overdose Alert

## Nelson, Trail, Creston, Castlegar and surrounding areas

**Interior Health has issued a DRUG OVERDOSE ALERT for Nelson, Trail, Creston, Castlegar and surrounding areas due to increased toxic drug overdoses and deaths.**

Drug checking results from Nelson and area indicate that the *down* supply is unpredictable. Drug checking continues to detect high concentrations of fentanyl and various benzodiazepines. Xylazine is also sometimes present in the mix.

**Be a buddy:  
Reach out for  
a buddy so no  
one uses  
alone!**

**No matter what or how you use (smoking, snorting, injecting, eating) take steps to prevent overdose:**

- Get your drugs checked – find locations at [drugchecking.ca](https://drugchecking.ca)
- Be aware of increased risk if mixing with other drugs, including alcohol.
- Use one person at a time so someone can respond to an overdose.
- Naloxone does not work for benzodiazepines and xylazine. People may remain sedated after administration of naloxone.
- Start with a small amount and space out your doses.
- Pick up naloxone from ANKORS or any public health or MHSU site.
- Carry naloxone and know how use it.
- Get the LifeGuard App - [lifeguarddh.com](https://lifeguarddh.com)
- Call 211 or visit [bc211.ca](https://bc211.ca) to find services near you.

**Local  
Substance Use  
Services  
310-MHSU  
ANKORS Drug Checking  
236-972-7080**

**Alert in effect until December 02, 2024**

Harm Reduction and Sexual Health | Population Health