



# Drug Poisoning Overdose Alert

## Trail and area

**There have been a number of overdoses with severe outcomes in the Trail area.**

**Be a buddy:  
Reach out for  
a buddy so no  
one uses  
alone!**

**West Kootenays drug checking services have recently detected high concentrations of fentanyl, fluorofentanyl, methylfentanyl, xylazine (tranquilizer) and benzodiazepines in *down*.**

**No matter what or how you use (smoking, snorting, injecting, eating) take steps to prevent overdose:**

- Get your drugs checked – find locations at [drugchecking.ca](http://drugchecking.ca)
- Be aware of increased risk if mixing with other drugs, including alcohol
- Use one at a time so someone can respond to overdose if needed
- Use with others around or at an Overdose Prevention Site (OPS)
- Start with a small amount and space out your doses
- Carry naloxone and know how use it. Get at Kiro Wellness
- Get the LifeGuard App - [lifeguarddh.com](http://lifeguarddh.com)
- Call 211 or visit [bc211.ca](http://bc211.ca) to find services near you

**Local  
Substance Use  
Services  
310-MHSU  
Crisis Response  
250-305-8496  
Drug Checking  
236-972-7080**