



Toxic Drug Poisoning / Overdose **ALERT** Cranbrook and area

There have been numerous drug poisonings in Cranbrook, all related to down or fentanyl use.

In effect until September 28th 2023

**START LOW
+
GO SLOW!**

**Be a buddy:
Reach out for
a buddy so
no one uses
alone!**

No matter what or how you use (smoking, snorting, injecting) take steps to prevent overdose:

- Get your drugs checked – find locations at drugchecking.ca
- Be aware of increased risk if mixing with other drugs, including alcohol
- Use with others around or at an Overdose Prevention Site (OPS)
- Start with a small amount and space out your doses
- Carry naloxone and know how use it
- Get the LifeGuard App - lifeguardddh.com
- Call 211 or visit bc211.ca to find services near you