



Drug Poisoning Overdose ALERT

Learn how to
use
naloxone

CRANBROOK

There have been **MULTIPLE** drug poisonings in the
LAST 24HRS in Cranbrook

In effect until August 5, 2023

eOPS Services Tuesday, Wednesday, Thursday from 9:00 a.m. to 3:30 p.m.
Call 250-417-7056 to connect with the nurse

No matter what or how you use (smoking, snorting, injecting) take steps to prevent overdose:

- Get your drugs checked – find locations at drugchecking.ca
- Be aware of increased risk if mixing with other drugs, including alcohol
- Use with others around or at an Overdose Prevention Site (OPS) if available
- Start with a small amount and space out your doses
- Carry naloxone and know how use it
- Get the LifeGuard App - lifeguardddh.com
- Call 211 or visit bc211.ca to find services near you

drug samples are being tested at ANKORS check
Instagram or facebook: [@Ankors.east.kootenay](https://www.instagram.com/Ankors.east.kootenay) and
[@harm.reduction.saves.lives](https://www.instagram.com/harm.reduction.saves.lives) for updates

Harm Reduction and Sexual Health | Population Health

Be a buddy:
Reach out for
a buddy so
no one uses
alone!