



DRUG ALERT

Kamloops


Ketamine containing up to 75% of methamphetamine



**Start low
Go slow!**

Looks Like:	Colorless crystals, White powder
Sold as:	Ketamine
Contains:	Up to 75% methamphetamine Approximately 25% ketamine
Risk:	Risk of stimulant overdose Symptoms include: Irregular heartbeat, chest pain, difficulty sleeping, agitation Methamphetamine lasts much longer than ketamine
In effect until:	February 10th 2023

Consider these additional tips if you are going to use drugs

- Only drug checking can tell you if there are contaminants in your drugs 
- Find drug checking locations at www.drugchecking.ca
- Start with a small amount and see how you feel before taking more
- Snorting methamphetamine can irritate your nose more than ketamine.
- Risk increased if mixing with other drugs, especially depressants, including alcohol
- Use with others around or at an Overdose Prevention Site (OPS)
- Start with a small amount and space out your doses
- Carry naloxone and know how to use it
- Get the LifeGuard App - lifeguarddh.com
- Call 211 or visit bc211.ca to find services near you