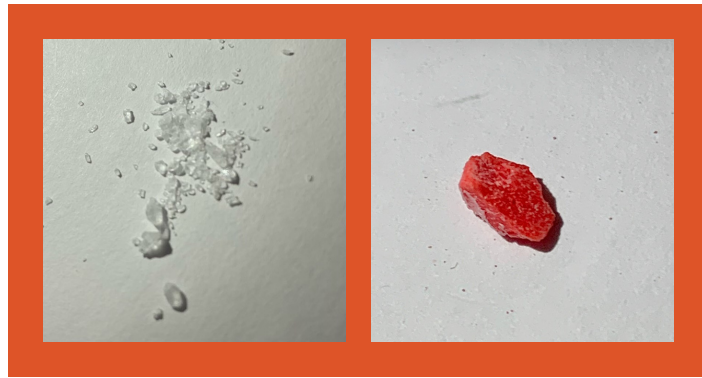




DRUG ALERT

Cranbrook

Increased Drug Poisoning Activity




**Start low
Go slow!**

- Look like: White powder and red/pink rock
- Sold as: Down, Heroin/Fentanyl
- Contains: Methamphetamine, Unknown Fentanyl Analogue, Benzodiazepines, Xylazine
- Risks: Drug toxicity, respiratory depression, loss of consciousness
- In effect until: February 18, 2023

eOPS | Tuesday, Wednesday, Thursday from 9:00 am to 3:30 pm
Services | Call 250-417-7056 to connect with the nurse

Consider these additional tips if you are going to use drugs

- Only drug checking can tell you if there are contaminants in your drugs 
- Find drug checking locations at www.drugchecking.ca
- Start with a small amount and see how you feel before taking more
- Snorting methamphetamine can irritate your nose more than ketamine.
- Risk increased if mixing with other drugs, especially depressants, including alcohol
- Use with others around or at an Overdose Prevention Site (OPS)
- Start with a small amount and space out your doses
- Carry naloxone and know how to use it
- Get the LifeGuard App - lifeguarddh.com
- Call 211 or visit bc211.ca to find services near you