



# Drug Poisoning Overdose ALERT

Learn how to  
use  
naloxone.

## CRANBROOK

**There have been MULTIPLE drug poisonings in the  
LAST 24HRS in Cranbrook**

**In effect until February 1, 2023**

eOPS | Tuesday, Wednesday, Thursday from 9:00 am to 3:30 pm  
Services | Call 250-417-7056 to connect with the nurse

**No matter what or how you use (smoking, snorting, injecting) take steps to prevent overdose:**

- Get your drugs checked – find locations at [drugchecking.ca](http://drugchecking.ca)
- Be aware of increased risk if mixing with other drugs, including alcohol
- Use with others around or at an Overdose Prevention Site (OPS) if available
- Start with a small amount and space out your doses
- Carry naloxone and know how use it
- Get the LifeGuard App - [lifeguarddh.com](http://lifeguarddh.com)
- Call 211 or visit [bc211.ca](http://bc211.ca) to find services near you

drug samples are being tested at ANKORS check  
Instagram or facebook: [@Ankors.east.kootenay](https://www.instagram.com/Ankors.east.kootenay) and  
[@harm.reduction.saves.lives](https://www.facebook.com/harm.reduction.saves.lives) for updates

Harm Reduction and Sexual Health | Population Health

**Be a buddy:  
Reach out for  
a buddy so  
no one uses  
alone!**