

TIA (Transient Ischemic Attack)



Interior Health
Every person matters

Patient Information • Minor Stroke Assessment Clinic, Kootenay Boundary - Nelson

www.interiorhealth.ca

What is a TIA?

A Transient Ischemic Attack is a warning stroke. A TIA occurs when the blood flow to a part of the brain is temporarily blocked but then improves. Early assessment is key to reducing the risk for further strokes.

Why you have been referred to the TIA/Minor Stroke Assessment Clinic

You have had some symptoms that may indicate you have had a TIA.

You are safe to go home but it has been recommended that you see a specialist through the TIA clinic to reduce your risk of having a stroke.

The nurse at the TIA clinic will contact you by phone within 48 to 72 hours to discuss your symptoms and arrange for additional testing if required.

If you are experiencing new or ongoing symptoms, please go to the Emergency Department or dial 9-1-1.

If you have not been contacted by the clinic within 48 to 72 hours, call:

**Nelson TIA Clinic
250-354-2397**

What to expect on the day of your visit

Be prepared for a full day and bring all medications and food that you might need.

Once you have an appointment, please come to:

**Kootenay Lake Hospital
TIA Office, Room 423**

Transportation

Please arrange for reliable transportation to and from the clinic until you have been cleared to drive by the stroke specialist.

Signs of a stroke

The symptoms of TIA and stroke happen suddenly. Common symptoms include:

- Weakness, numbness, or paralysis of the face, arm, or leg (especially one side of the body)
- Difficulty speaking or understanding speech
- Sudden loss of vision in one eye
- Sudden dizziness and inability to walk
- There is usually no pain

If you experience any recurrent symptoms or any of the above symptoms, please call 9-1-1 or go to the emergency department immediately.

For more information about strokes, visit:

<https://www.healthlinkbc.ca/health-topics/hw222891>

Healthlink BC	Nurse	24 hours a day	Daily	<i>Call 8-1-1 to speak with a nurse, ask a dietitian about nutrition, or a pharmacist about your medication.</i>
Call 8-1-1	Dietitian	9 am–5 pm	Mon–Fri	
	Pharmacist	5 pm–9 am	Daily	
	Hearing Impaired	Call 7-1-1		
www.healthlinkbc.ca				