



Interior Health



# DRUG ALERT

## Nelson

**DOWN (fentanyl, benzos) found in METHAMPHETAMINE**



**Fent  
+  
Benzos  
Found in  
Meth**

- Looks Like: Clear/White Shards, Crystals, Powder
- Sold as: Meth, Side, Methamphetamine
- Contains: Methamphetamine  
Down (caffeine, mannitol, fentanyl, benzodiazepine)
- Risk: Risk of overdose and death
- Symptoms: Side effects include: Drowsiness, Itchiness, Memory Loss, Nausea
- In effect until: April 29th 2022

**No matter what or how you use (oral, smoking, snorting, injecting) take steps to prevent overdose:**

- Before using, get your drugs checked to find out if your **meth** contains **fentanyl**. Find locations at [drugchecking.ca](http://drugchecking.ca)
- Be aware of unexpected side-effects
- Be aware of risk if mixing with other drugs, including alcohol
- Use with others around or at an Overdose Prevention Site (OPS)
- Start with a small amount and space out your doses
- **Carry naloxone and know how use it** ←
- Get the LifeGuard App - [lifeguarddh.com](http://lifeguarddh.com)
- Call 211 or visit [bc211.ca](http://bc211.ca) to find services near you