

For Immediate Release | May 15, 2020

Gyms and fitness centres able to re-open May 19

An order by Interior Health's Chief Medical Health Officer (MHO) closing all fitness centres, gyms, yoga studios or similar personal training facilities will be lifted on May 19.

The order, issued April 2, is being rescinded in accordance with [B.C.'s Restart Plan](#) Phase 2. This will allow these facilities to re-open as long as they can meet requirements to protect staff and clients against the spread of COVID-19.

Any facility wishing to resume operation must develop a plan based on measures laid out by the Provincial Health Office.

Guidance for facility operators and for the public related to gyms and other fitness facilities is now available on the Interior Health [website](#). Facility operators may also contact their local Environmental Health Office.

Additional guidance for facility operators will come from [WorkSafeBC](#).

Members of the public with further questions may call the non-medical COVID-19 phone line at 1-888-COVID19 (268-4319).