

For Immediate Release | April 2, 2020

Medical Health Officer issues Order for immediate closure of fitness centres and similar facilities

The Chief Medical Health Officer (MHO) at Interior Health (IH) has issued an order for all fitness centres, gyms, yoga studios, or similar personal training facilities whether indoors or outdoors to close as of April 2, 2020.

The Chief MHO has determined that gatherings of people at these facilities constitute close personal contact, which promotes the transmission and increased spread of COVID-19. Fitness centres and gyms are encouraged to adopt virtual training and support as an alternative to gatherings at facilities.

The Order expires on May 30, 2020, and is subject to revision, cancellation, or extension by Interior Health's MHO.

Additional information on COVID-19 is also available on the [IH Website](#).

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Media, for information:

Media@interiorhealth.ca

1-844-469-7077

PUBLIC SERVICE ANNOUNCEMENT