

For Immediate Release | March 11, 2021

## Interior Health declares COVID-19 outbreak over at Kamloops group home

KAMLOOPS – Interior Health has declared a COVID-19 outbreak over at a Kamloops group home known as Highridge Home and Singh House, respectively.

Eight staff members and five residents tested positive for COVID-19 during the outbreak.

“I extend my thanks to our IH teams and the staff at this group home for their support and excellent efforts to contain this outbreak,” said Susan Brown, Interior Health president and CEO.

Highridge Home and Singh House are privately operated by Prima Enterprises for people who require 24-hour support.

Chief medical health officer Dr. Albert de Villiers said he was pleased to see this outbreak declared over, but reminded everyone about the important of continuing to follow public health precautions.

“We are also already seeing the benefits of the COVID-19 vaccination, which is protecting more of our most vulnerable members of our communities, and we want everyone to stay healthy until we are all immunized.”

People in all communities are reminded to remain vigilant and:

- Keep to your household bubbles and avoid social gatherings.
- Stay home when you are sick and get tested if you have any symptoms consistent with COVID-19.
- Practise physical distancing and use a mask if you cannot.
- Wash your hands often.
- Avoid non-essential travel.
- Get vaccinated when eligible

Booking a COVID-19 test:

Online: You can book an appointment online through the COVID-19 Test Booking Form:  
<https://interiorhealthcovid.secureform.ca/index.php>

By phone: Call the COVID-19 Test Booking Line at 1-877-740-7747 for assistance with booking your test.

Interior Health has frequently updated COVID-19 information on our public website  
[www.interiorhealth.ca](http://www.interiorhealth.ca)