

For Immediate Release | May 25, 2021

Interior Health accepting new clients for substance use counselling

PENTICTON – Interior Health has expanded mental health and substance use services in the South Okanagan and is now accepting new substance use counselling clients.

Anyone looking for mental health and substance use (MHSU) supports can call **310-MHSU (6478)** to be connected to community-based MHSU services. Calls to 310-MHSU will be automatically routed to the nearest community MHSU centre, where staff will determine the caller’s needs and connect them to the appropriate service.

People do not need a referral to access MHSU supports, anyone can call 310-MHSU.

People can also visit the following sites in-person to access MHSU services throughout the South Okanagan:

- **Penticton:** Urgent and Primary Care Centre, Penticton Health Centre, Penticton Regional Hospital Outpatient Psychiatry, The Foundry, and Martin Street Outreach Centre.
- **Keremeos:** Keremeos Health Centre
- **Princeton:** Princeton General Hospital
- **Oliver:** Desert Sun and Bateman House
- **Osoyoos:** Osoyoos Health Centre

Interior Health has onboarded new full-time mental health and substance use clinicians to deliver youth and adult substance use services in the South Okanagan. To support the individual needs of clients, services are provided in office, in community settings, and/or by virtual technology.

Interior Health provides a continuum of [mental health](#) and [substance use](#) services. For a full list of MHSU services offered in Interior Health for adults and youth, please visit our website:

- [Mental health services](#)
- [Substance use services](#)

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Media, for information:

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PUBLIC SERVICE ANNOUNCEMENT