



For Immediate Release | February 17, 2021

COVID-19 outbreak declared over at Cariboo Memorial Hospital

WILLIAMS LAKE – Interior Health (IH) has declared the COVID-19 outbreak over at Cariboo Memorial Hospital.

"I want to thank staff and physicians for their dedication to patients and colleagues while working to bring this outbreak to a close," said Susan Brown, Interior Health president and CEO. "Together the Cariboo Memorial Hospital team worked to ensure the least possible disruption to patient care, keeping services available for people who needed them."

An outbreak is declared over when two incubation periods, or 28 days, have passed from the last onset of symptoms in a resident.

"This outbreak was managed very well by hospital leaders and staff, as well as the communicable disease specialists at Interior Health," said Dr. Albert De Villiers, Interior Health chief medical health officer. "It's important to support the efforts health care teams make on the ground every day and continue to follow precautions to limit the spread of the virus in our communities."

There were 14 COVID-19 cases linked to the outbreak at CMH: 12 staff and two patients. Thankfully, there were no deaths.

We are grateful to community leaders for their support and remind everyone not to stigmatize or judge others who seek testing or test positive for COVID-19. This virus is circulating in every community.

Everyone in all communities should remain vigilant in following COVID-19 precautions:

- Keep to your household bubbles and avoid social gatherings.
- Avoid non-essential travel
- Stay home when you are sick and get tested if you have any symptoms consistent with COVID-19.
- Practise physical distancing
- Wear mask
- Wash your hands often.

Booking a COVID-19 test:

<u>Online:</u> You can book an appointment online through the COVID-19 Test Booking Form: https://interiorhealthcovid.secureform.ca/index.php

<u>By phone:</u> Call the COVID-19 Test Booking Line at 1-877-740-7747 for assistance with booking your test. Interior Health has frequently updated COVID-19 information on our public website www.interiorhealth.ca

Interior Health has frequently updated COVID-19 information on our public website www.interiorhealth.ca