

For Immediate Release | Sept. 23, 2020

## COVID-19 exposure at Coldwater pub in Merritt

MERRITT – Interior Health is advising anyone who attended **the pub** in the Coldwater Hotel on Sept. 19 between 9 p.m. and 10 p.m. that they may have been exposed to COVID-19.

Public health officials are asking people at the pub during this time period to self-monitor for signs of COVID-19 and to get tested if they begin to exhibit symptoms. Public health contact tracing is underway and, where possible, IH is reaching out directly to individuals who have been exposed.

Individuals seeking a test should call their primary care provider (family physician or nurse practitioner) or the closest [Interior Health community testing and assessment centre](#).

### **COVID-19 testing**

Testing is recommended for anyone experiencing symptoms of COVID-19, including:

- Fever
- Cough
- Shortness of breath or difficulty breathing
- Loss of sense of taste or smell
- Other milder symptoms may include: runny nose, fatigue, body aches (muscles and joints aching), diarrhea, headache, sore throat, vomiting and red eyes.

IH reminds everyone of the importance of following COVID-19 precautions:

- Stay home and avoid travel if you have symptoms, even mild ones.
- Maintain physical distancing (two metres apart) and use masks when distancing is not possible.
- Wash your hands regularly and do not touch your face.
- Do not plan or attend gatherings of more than 50 people. Limit gatherings to out of doors whenever possible.

Information on public exposures to COVID-19 within the Interior Health region is available here: <https://news.interiorhealth.ca/news/public-exposures/>.

Take the COVID-19 self-assessment test at <https://bc.thrive.health/>.

Answers to frequently asked questions are available on the British Columbia Centre for Disease Control website, available here: <http://www.bccdc.ca/health-info/diseases-conditions/covid-19/common-questions>.