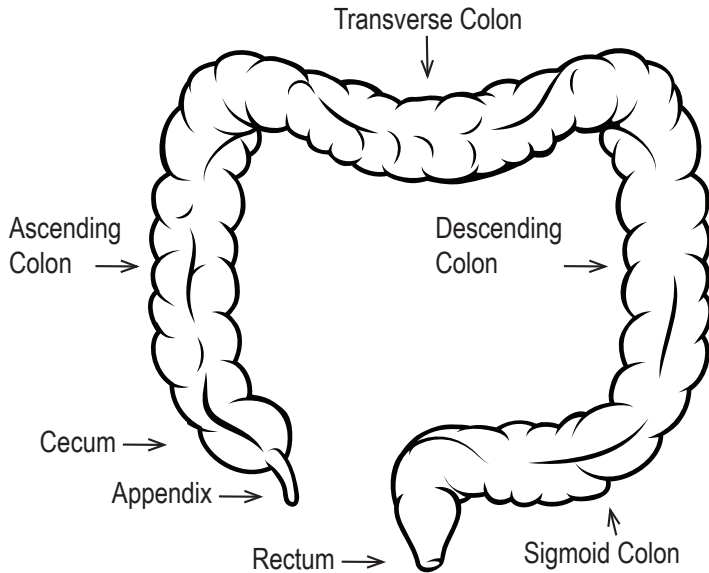


**COLONOSCOPY
DISCHARGE INFORMATION**

Date: _____ Surgeon/Gastroenterologist: _____ Phone: _____



YOUR INITIAL RESULTS ARE:

- Normal examination
- Specimens Pending: _____
- Other Findings: _____

FOLLOW-UP:

- No follow-up appointment with your surgeon/gastroenterologist is required.
- No further screening required (colonoscopy or stool test).
- Call now to schedule follow up appointment with your surgeon gastroenterologist family doctor in _____ weeks.
- For BC Cancer Agency Colon Screening Program patients, a program coordinator will contact you with results.
- Repeat Colonoscopy: _____ years Pending Results
- Repeat FIT (stool test) in _____ years
- Other _____

A full report of your colonoscopy will be sent to your family physician.

Colonoscopy Discharge Information



Interior Health
Every person matters

Patient Information

www.interiorhealth.ca

NOTE: YOU HAVE RECEIVED INTRAVENOUS SEDATION. This means that you are considered legally impaired. **DO NOT** drive, operate heavy equipment, sign legal or financial papers, or drink alcohol until 24 hours after your procedure.

After Your Colonoscopy:

It is normal to:

- feel drowsy or light-headed from the sedation medication
- have mild cramps, bloating, or gas due to the air put into your bowel during the procedure. Periods of activity (e.g. walking) may help to expel this air.
- have a small amount of blood with your next 1–2 bowel movements; especially if polyps or a small tissue biopsy were removed
- have some redness, pain, or swelling at the site where the sedation medication was injected into your vein. A warm facecloth placed over the site may help to relieve any pain, swelling and/or discomfort.

You should:

- rest for the remainder of the day
- resume your normal diet and fluid intake
- resume your regular medications, unless specified otherwise by your doctor.

Notify your doctor if you experience any of the following:

- Increasing or unrelieved (severe) abdominal pain
- Flu-like symptoms (vomiting, fever, or chills)
- Passing of blood (more than $\frac{1}{3}$ cup or large clots) with bowel movements

If outside of office hours, go to the nearest Emergency Department for assessment and treatment.

For general questions or concerns call:

Healthlink BC: 811

Hearing Impaired: 1-866-889-4700

Contact your physician

For emergency concerns:

Call 911 or go to the nearest Emergency Department.

Patient Satisfaction Survey

Please complete our online survey to help us improve our services:

<https://form.simplesurvey.com/f/1/IH-Endoscopy-Patient-Survey>

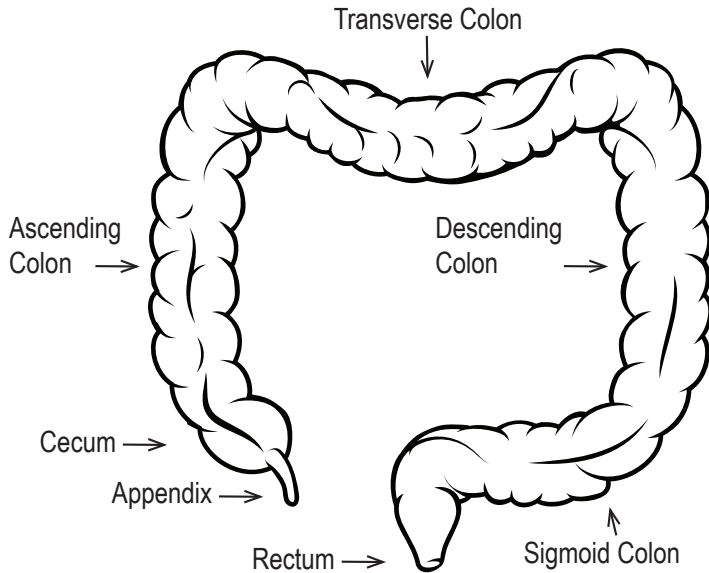


Thank you!

Healthlink BC	Nurse	24 hours a day	Daily	Call 8-1-1 to speak with a nurse, ask a dietitian about nutrition, or a pharmacist about your medication.
Call 8-1-1	Dietitian	9 am–5 pm	Mon–Fri	
	Pharmacist	5 pm–9 am	Daily	
	Hearing Impaired	Call 7-1-1		
www.healthlinkbc.ca				

**COLONOSCOPY
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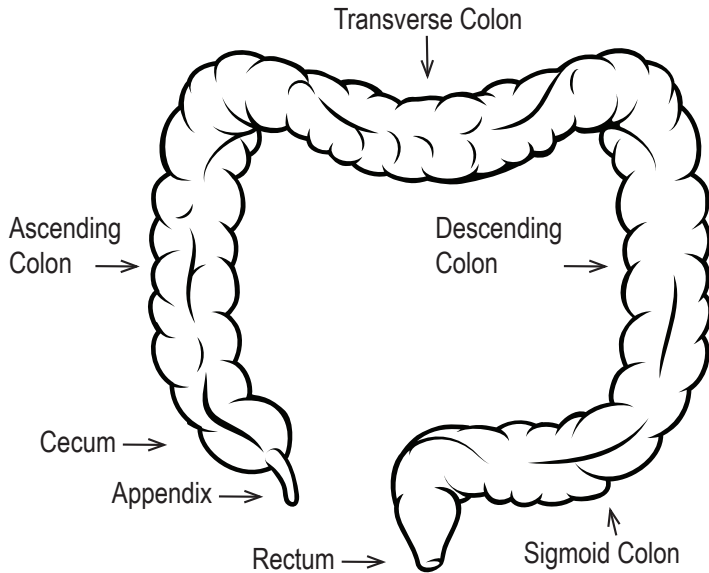
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